



CARE WHERE AND WHEN YOU NEED IT

Consult with a doctor or mental health professional

Medical Virtual Visits

With medical Virtual Visits, you have access to a licensed board-certified doctor 24 hours a day, seven days a week. You can consult with a provider about a specific medical condition, including:

- Allergies
- Asthma
- Diabetes
- Cold and flu
- High blood pressure
- Allergies
- Diabetes
- High blood pressure

Mental health Virtual Visits

Mental health Virtual Visits are similar to an outpatient visit to a provider's office, but the visit is conducted online. You must make appointments in advance – appointments are typically available within five to seven days. You can consult with a provider as therapists, social workers, psychologists and psychiatrists who can address issues such as:

- Anxiety
- Depression
- Stress
- Substance use

